

# Please Don't Label My Child!

**Break the Doctor-Diagnosis-Drug Cycle & Discover Safe, Effective Choices for Your Child's Emotional Health**



Popular child psychiatrist specialist **Dr. Scott Shannon** will present a free talk on **Wednesday, January 30<sup>th</sup>, 7 pm** at the **Fort Collins Lincoln Center** about his groundbreaking new book *"Please Don't Label My Child"* (which is quickly developing the reputation as a "must-read").

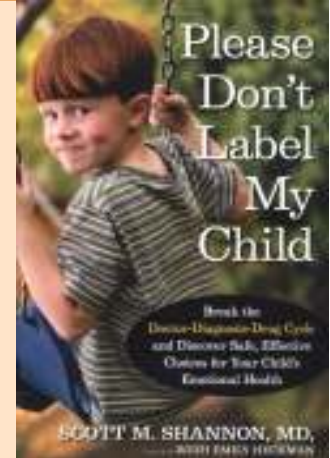
Dr. Shannon suggests we need to understand the **"ecology of the child"** if we wish to more effectively help families caught up in this country's sky-rocketing trend of diagnosing and medicating children — **a trend which, if it continues, will witness fully half of all American kids on some kind of psychiatric drug within a generation.**

Dr. Shannon believes the behavioral, social, and emotional problems we see in our children today are symptoms of real stressors that are not being adequately addressed.

Dr. Shannon is former medical director at the North Colorado Medical Center, where he directed both the general psychiatric hospital and addictions program. He is also a founding member and former President of the American Holistic Medical Association. Since 1991 Dr. Shannon has maintained a private practice based in Fort Collins. From 2000-05, he served as Medical Director of the McKee Center of Holistic Medicine, a hospital-based clinic. Scott speaks nationally and internationally on holistic and integrative psychiatry.

## **A**TTEND THIS TALK IF YOU WISH TO LEARN MORE ABOUT:

- The history and science of our current child psychiatry diagnostic system, as well as concerns regarding the reliability and validity of that system
- How a child's brain really works and how it can be vulnerable to numerous environmental stressors
- Triggers for children's various psychiatric symptoms (e.g. sleep, school, family life, obesity, depressed mothers, unaddressed trauma, nutrition, media, etc.)
- How parents, healthcare professionals and educators can **reframe these triggers as "ecological influences,"** allowing them to better identify and achieve solutions



**WEDNESDAY, JANUARY 30TH, 7-8:30 PM**  
**Fort Collins Lincoln Center (Ludlow Room)**

**Attendance is Free**

**Reservations are Required and Limited**

**Info and RSVP to: [Info@Learning-Disorders.org](mailto:Info@Learning-Disorders.org) or call 970-416-6330**

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